



# Serenzo<sup>TM</sup>

Stress relief  
& mood improvement

- Proven reduction of chronic stress
- Reduction of stress related symptoms
- Improves well-being

**NEW CLINICAL STUDY**



In today's fast paced world, stress can negatively impact daily life. For chronic stress, Serenzo™ is a safe and effective nutraceutical for well-being. Sourced from 100% botanical origin (Citrus sinensis extract + Acacia gum), Serenzo™ is certified organic and well tolerated.

### New clinical study

A recent clinical study provides further scientific documentation on the value and performance of Serenzo™. A daily dose of 500 mg of the active citrus ingredient Serenzo™ was evaluated with an open clinical trial on 40 subjects (18-60 years old) during 12 weeks. The efficacy was assessed through 4 normative questionnaires and 2 physiological markers.

#### 50% reduction in Hamilton Anxiety Scale

- The Hamilton Anxiety Scale<sup>(1)</sup> is an instrument used to assess the severity of anxiety. It is a questionnaire which consists of 14 items based on symptoms or somatization.

#### 53% reduction of SCL-90-R

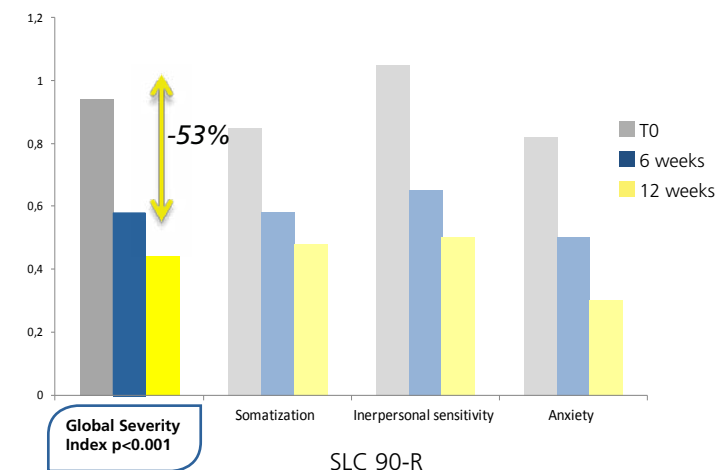
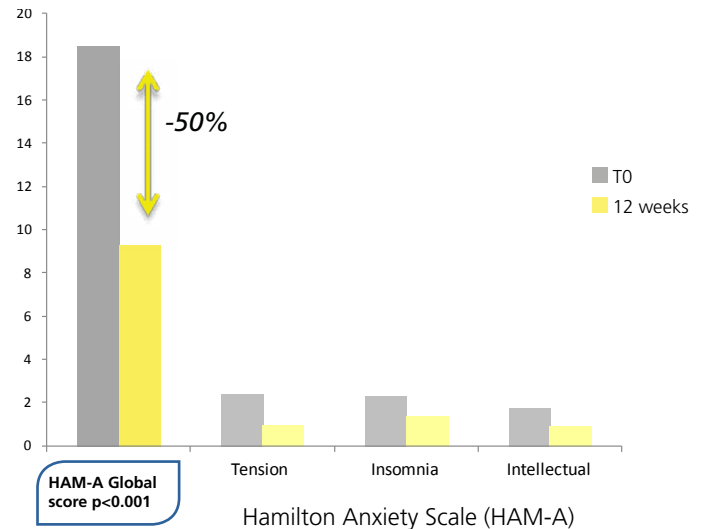
- The aim of SCL-90-R<sup>(2)</sup> is to provide an instant psychological profile of the subject. It is divided in 9 items and 90 questions and is sanctioned by a Global Severity Index.

Stress reduction was also confirmed by 2 other questionnaires (Perceived Stress Questionnaire-Short Version and Screening Scale of Chronic Stress) as well as the 2 biomarkers (salivary cortisol and alpha-amylase levels).

### The clinical study conclusively demonstrates the following results :

- Serenzo™ improves well-being in all aspects of life : personal and professional
- 95% of the investigators and 87.5% of the subjects found Serenzo™ efficient
- Very good tolerability

- Safe & bioavailable
- Water dispersible
- Organic certified
- Active dose: minimum 500 mg daily



<sup>(1)</sup> Elaborated in 1959 by M.Hamilton

<sup>(2)</sup> SCL-90-R: Symptom Check List-90-Revised, elaborated in 1977 by Derogastis